Sandwich Library
Heart of Our Community
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Kristen Darcy to host a Celebration of Women's Voices at the Sandwich Public Library

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FOR IMMEDIATE RELEASE:

In celebration of Women's History Month, the Sandwich Public Library will welcome Kristen Darcy, intuitive wellness coach and author on Friday March 14, 2025 at 10:30am. Ms. Darcy will explore inspirational quotes from well-known and remarkable women in history, then engage the audience in a creative exercise to craft their own memorable quote. The event is free to the public, but space is limited and registration is required through the Library Event Calendar.

Ms. Darcy is a renowned expert on emotional well-being, dedicated to guiding women through life's transitions. She is the award-winning author of Love & Infertility: Survival Strategies for Balancing Infertility, Marriage, and Life, and has been honored with RESOLVE's Hope Award for Best Book. Darcy has also written Girlfriend to Girlfriend: A Fertility Companion, Making Dads: Everything a Man Needs to Know When Dealing with Male Infertility, and Divorcing With Grace.

Event participants will receive a 28-Day Affirmation Challenge, which is designed to help attendees continue their journey of empowerment and self-discovery. Light refreshments will be served. This event has been generously funded by the Friends of the Sandwich Public Library.

For more information about this program or any of upcoming programs and events planned at the Library, please visit sandwichpubliclibrary.com, sign up for the weekly eNewsletter and follow the library on Facebook and Instagram.

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